

# *Get Glowing*

## **Spray Tan Prep**

### *Before Tan*

- Shower, exfoliate and remove body hair 12 hours before your tanning session. Keep in mind, oil-based exfoliates or lotions can block the tanning process.
- Wash and condition your hair first, to avoid residue on your body, then wash and exfoliate.
- Choose a gel body wash rather than a “moisturizing” body wash (such as Dove) or bar soap during the last shower before your tan.
- Schedule any nail, facial, waxing or lash appointment 24+ hours in advance.

### *Day of Tan*

- Skin should be clean and dry before being sprayed. Do not apply moisturizers, oils, perfume or makeup before your tanning appointment. This can affect the development of your tan.
- You may undress to your comfort level. Completely nude, partial nude, undergarments or bathing suits; It doesn't matter to us! This is about you and how you would like to see your tan!

- If possible, avoid wearing deodorant the day of the tan. Some tanning solutions could have an adverse effect with certain deodorants and could turn the area green temporarily.

### *Van Arrival*

We will arrive at your scheduled time and will text or call when we are ready for you to come out! The purpose of the mobile van is for us to ensure your home remains germ free!

You may arrive in whatever garment you feel comfortable in; preferably dark, loose clothing. Once you arrive on the van, we will go over the Covid-19 checklist and take your temperature. All employees will be wearing a mask; however, you may leave yours off.

Afterwards, you may go to our restroom on the van to wash your hands and then we will begin!

If it is raining/snowing bring an umbrella with you.

### *After Care*

After care plays an important part of the outcome and longevity of your airbrush tan.

- Avoid getting wet, excessive sweating, putting on makeup, using soap, moisturizer and tight-fitting clothing for a minimum of 6 hours after your session.

- Maximum spray tan results can be expected when you let your tan develop for a full 8-12 hours for a regular spray or 1-4 hours for a rapid. Listen to your timing your tech gives you.
  - Luxe Tans may be rinsed like a rapid or you are able to shower after 8 hours. You can choose not to shower after the 8 hours for a max of 24 hours.
  - Rapid Tans MUST shower within the designated time period. 1-2 hours for a light tan, 2-3 hours for a medium tan, 3-4 hours for a deep tan.
- Avoid skin to skin contact. Try not to touch your skin with your hands and limit physical skin to skin contact with others until after your first rinse. This will avoid any color transfer.
- Your first shower should be a light rinse only – no soap. Color wash off in the shower is normal. This is only the color guide tint (bronzer).
- Pat yourself dry after showers and washing hands – no rubbing dry.
- Exfoliating soaps and body washes will strip your tan faster and may cause unevenness. Avoid soaps and lotions that have SLS, mineral oil, alcohol and citrus – also, Dove has been known to strip tans faster.
- Moisturize twice a day – am and pm.
- Wait 24+ hours to shave. Use a new razor, thick conditioner, and gentle pressure. Dull razors could cause skin exfoliation.

- Avoid harsh soaps, dish soaps and sanitizer on your hands as this can fade your hands and wrists faster.
- Remember to pat dry not rub dry.
- Swimming in pools, lakes, oceans could fade your tan faster. Please use a waterproof sunscreen to seal in your tan and rinse immediately after getting out of the water.
- Most importantly, Stay Hydrated, Stay Moisturized and Stay Golden!!!